

LIFESTYLES

TO GET A BETTER SENSE of the people interviewed and gain more insights into their various lifestyles during their early and working years, I asked a series of questions including whether they moved a lot, owned a home, how much they travelled, whether they were involved in any clubs or organizations, and whether they practiced a religion.

I was curious how often people moved and how it affected their lives so I asked simply whether they moved a lot (meaning frequently or every few years during their working years) or whether they stayed mostly in one place (meaning ten or more years in the same house during that time). Sixty-two percent said they lived mostly in one place while working and raising a family, and many spoke fondly of having a home base. One lady who is now well in to her eighties still lives in the same house by herself. Most others now live in townhomes, apartments or care homes but were happy to speak of their long term family home. Some wished out loud that they were still there.

Thirty-two percent of respondents said they moved a lot. For some people jobs, homes, and even cities, changed frequently. This was especially true of those in the military, police force, banks, trades or any vocation where changing location was an integral part of the job. Others seemed to be habitual movers and one lady reluctantly admitted she couldn't count how many times they moved and that they lived "all over the place."

But whether a family moved frequently or not had little bearing on home ownership because for most people houses were bought and sold as part of the moving process. Ninety-four percent said they were able to own a home during their working years and beyond. Generally those who stayed mostly in one place in a home that they owned felt they had a more secure and stable environment for their growing family. They expressed more of a